

## **Code of Silence: Beneath the American Dream Now Available for Kindle**

*Code of Silence: Beneath the American Dream by Jenny M. Miller is now available for Amazon's Kindle.*

October 17, 2009 (FPRC) -- Code of Silence: Beneath the American Dream is Jenny Miller's chronicle of the devastating effects of being abused as a child. She takes the reader through the consequences she suffered as an adult, the beginning of her recovery and the acceptance of all aspects of her life. Code of Silence was featured at the 18th Annual Sexual Abuse Survivors Show held at the State University of New York. She has just released a Kindle version of the book.

Miller uses poetry as her form of expression in this deep, painful and insightful book. Her words evoke powerful emotions in readers and inspire many to begin their personal journey of recovery. One Amazon reader said, "I highly recommend this book for those who also have a voice that needs to be heard and for those who think they don't. Certainly this book is a testament to all that a journey through and beyond one's horrific past is possible."

Excerpt from Code of Silence:

On Writing

Window to the soul  
Sooty smudged opaque pane  
Blackened by years of repression  
No one sees in or out

The pen writes dirt away  
Each line composed about pain  
Removes another layer of filth  
Until one day all will see

Ms. Miller, an international speaker and trainer for over 10 years, is also available to speak to organizations and groups interested in helping others move from the darkness of abuse into the light of joyful living. Her multi-media presentation based on Code of Silence is part of Miller's plan to help survivors, their families and friends--and in the process, bring awareness and prevention of abuse for future generations.

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### **Keywords**

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