

## **Natural Health Report Introduces More User-Friendly Platform For Reviewing Health Supplements That Aid In Nutrition Deficiency**

*With awareness about the dangers of man-made pharmaceuticals ever on the increase, the demand for natural health care products increases as well. This increase has become all the more prevalent in the area of nutritional supplements. Natural Health Report has introduced a new user friendly platform for the real users of natural health care products to rate their experience with the product.*

May 5, 2012 (FPRC) -- Natural health care products may have an active role in improving nutrition, now that a recent study shows that certain racial groups in the USA have been confirmed to have a nutrient deficiency. Improving health through the use of natural means has garnered huge support from many sectors of the society because it is safer and more effective.

In fact, the support for use of health care products is not only limited to the United States but also to other countries as well. Improving nutrition is very important since research shows that good nutrition lessens the chance of getting chronic diseases.

According to a report from the Center for Disease Control and Prevention, black Americans were found out to have a deficiency in vitamin D and Iron of up to 30%, making it the highest among the different ethnic groups in the country. Though this report does not necessarily mirror the state of the entire country's health, it gives an interesting insight as to which particular aspect of health care programs can be improved in order to lessen if not totally bring down to zero the deficiency levels in nutrition as shown in the report.

Natural health products (NHPs) can help improve the condition of nutrition in the country. Unlike synthetically-processed drugs, NHPs only contain natural ingredients which are available in nature that for ages have been used to cure health problems. These natural ingredients do not harm the body the way synthetic compounds do. Therefore, people who have illnesses or diseases get cured fast. Manufactured pharmaceutical medicines on the other hand, contain man-made or synthetic compounds that may have harmful effects to the human body, especially when used for a long duration of time.

There had been cases in the past when pharmaceutical giants were accused of unethical medical practices in the conduct of their experiments and business, in general. The fact that many pharmaceutical companies seem to go against ethical standards do not help their reputation. Due to this and many other considerations, an increasing number of people willfully choose to go with natural health care products in most of their medical concerns.

Using natural health products does not mean people should forget about their regular check-ups to their physicians. People are still advised to visit their doctors in order to get sound medical advice. In fact, physicians may even provide the list of suitable natural health products for a particular health problem. Since physicians are medical professionals, they could provide valid opposition or support to a manufacturer's claim of quality.

This is an important thing to consider since all manufacturers of NHPs claim that their products are

all natural and the most effective ones that are available in the market.

Wider support for natural health care products may even be found in countries other than the United States. In Canada, survey results show that 70 percent of the population thinks that NHPs are safe for human consumption and want their government to implement rules to better regulate the use of NHPs.

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