

Cataract Vision Problems for Maine Seniors Greater than Just Eyesight

'The impact of cataracts on seniors' quality of life goes far beyond just vision and eyesight,' commented Cataract Surgeon Bruce Cassidy as part of Cataract Awareness Month.

July 28, 2014 (FPRC) -- August is Cataract Awareness Month and as part of its awareness campaign Eyecare Medical Group in Portland Maine is reminding seniors that the impact of cataracts on a person's quality of life goes far beyond just vision and eyesight.

'For example, a major study of Medicare beneficiaries shows that the risk of hip fractures was significantly reduced in patients who had had cataract surgery, compared to patients who did not undergo the procedure,' shared Dr. Cassidy. 'Further, studies also show that people with cataract related vision loss who have had cataract surgery to improve their sight are living longer than those with visual impairment who chose not to have the procedure,' explained Robert Daly, M.D.

Samuel Solish, M.D. noted, 'As ophthalmologists who perform cataract surgery on a regular basis, we are in constant discussion with patients and caregivers. We routinely hear from them how their cataract associated vision loss impairs not only their eyesight, but their ability to maintain an independent lifestyle-reading their mail, tending to bills and financial matters, driving during the day and at night. We listen carefully-and when their quality of life or their independence will benefit from cataract surgery we encourage them make that choice.'

'Safe mobility-being able to move about and stay in touch with family and friends-unencumbered by vision loss and limitation from cataracts is something I personally discuss with patients. We don't want them socially isolated as this is certainly a quality of life issue and can lead to cognitive and mental decline as well as just the physical restrictions,' shared Jordan Sterrer, M.D.

'With August being Cataract Awareness Month, we want to remind seniors to have regular eye exams and be aware of the symptoms of cataracts which may include a clouding or blurring of vision, sensitivity to light and glare, double vision or shadowing in one eye, fading or yellowing of colors and poor night vision, sometimes with haloes around lights,' explained Ravi Shah, M.D. 'We certainly encourage seniors not to ignore the symptoms of cataracts or vision loss as delaying diagnosis and treatment of age-related cataracts can increase seniors' risk of both physical and psychological problems,' he noted.

To learn more about Eyecare Medical Group in Portland Maine you may visit <http://www.eyecaremed.com> or <http://www.facebook.com/eyecaremedicalgroup> or follow our eye care blog at <http://eyecaremed-maine.blogspot.com>.

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<http://www.aboutcataractsurgery.com>

<http://www.seewithlasik.com>

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