

## **Women Explode Your Magnetism New ebook release Working The Halo Equation (Women Only)**

*For too long women have been taught to put themselves last. When we don't, we feel guilty, accept the blame for anything that goes wrong and finally we're left defeated. Now, it's time to step up your game.*

January 6, 2015 (FPRC) --  
Announcing A New Book Release, Working The Halo Equation (Women Only)

Explode Your Magnetism, It's Time, it's Your time!

The clever and simple must read that will make you stand out in a crowd in 2015!

Portland, Jan 2, 2014/The Janice Knox Group/Women are trained to put everyone before self and to feel guilty when they don't. When all is said and done, where do you fit in this world? Do you feel spent with nothing left?

No wonder women are lost in this man's world. You are always trying to please. Who are you really helping? Not until you help yourself will your sacrifices be effective. Mothers, wives, executives, stay home moms, employees, business owners, it doesn't matter. The lesson for self sacrifice has been drilled into your head. What happens when you are ready to step out, change careers, guide your company with confidence, raise your children with the foundation of strength knowledge and wisdom? What happens when you want to be noticed?

It's no mystery why you feel spent and used up by the time you are 50 years old. You have given everything away. Do you remember what your dreams were as a child, teenager or young adult?

It's time to give back. But this time it's giving to yourself. Yes, take the time to give to yourself.

Here is your equation to self development. Simple, clever and eye opening. The Halo equation is a breakdown of all the elements you need to be at your best self regardless of your position in life. Working the Halo Equation lets you look at what elements are needed to start your journey of fulfillment that will revolutionize your life, careers, relationships, finances and health.

About The Janice Knox Group

The Janice Knox Group was started by Janice Knox, wife, mother, best selling author, physician and psychologist. With over 35 years of experience, Dr. Knox can guide to places that will change the way you think about and approach life. Truly, illuminating for anyone brave enough to engage her.

Contact:

Janice Knox, Psych, MD, MBA

The Janice Knox Group

Phone: 503 318-6146

[info@thejaniceknoxgroup.com](mailto:info@thejaniceknoxgroup.com)

<http://thejaniceknoxgroup.com>

**Contact Information**

For more information contact Janice Knox of <http://thejaniceknoxgroup.com>  
(<http://thejaniceknoxgroup.com>)  
503 747 3760

**Keywords**

[Magnetism, Spirituality, self improvement, foundation, business, finances, relationships](#)

You can read this press release online [here](#)