

Doctors Best Health Reports On The Effects Of Hormones On Aging

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A person may find their health begins to decline and hormones often play a role in this, announces DoctorsBestHealth.com Weston, Florida - March 14, 2017 /MarketersMedia/ -- MedlinePlus.gov reports that hormone production changes during the aging process. Certain hormones increase their production, blood levels of other hormones decrease and some remain stable. Furthermore, the body tends to metabolize these hormones more slowly. For example, cells in the body become less sensitive to insulin as a person ages, with the average rating level rising every ten years after a person reaches the age of 50. As a result, many individuals are turning to hormone replacement therapy to slow or stop these changes.

"Our wellness and medical center, located in Weston, Florida, specializes in Hormone Replacement Therapy and weight loss. In addition, the facility offers an array of services, including Spider Vein Removals and Bioidentical Hormone Therapy, to the South Florida area and online. Dr. Val Monocchio, our in-house physician, is one of the area's most well reputed, experienced and knowledgeable doctors in the field, thus patients know they are getting the best care at all times," the staff at Doctors Best Health announces.

Hormone changes vary by sex, as well. Women witness a significant decrease in prolactin and estrogen. Men, in contrast, experience a decline in testosterone levels. Certain hormone levels appear to remain unchanged or undergo a slight decrease, such as cortisol and epinephrine. People need to take care to ensure they are receiving the right amount of hormone for their unique needs.

"Most people associate testosterone with a man's sex drive, yet it does much more than this. Men lacking in this hormone often notice a decrease in their bone and muscle mass, as well as their strength. They tend to produce less sperm and red blood cells also, and their fat begins to redistribute throughout their body. We understand this and offer different programs to meet the needs of our patients, including sexual wellness and male enhancement programs," the staff explains.

Women aren't exempt either. When a woman's hormones aren't balanced, endometrial problems may develop and women may be more at risk of heart disease. It is also believed that estrogen can help protect a woman from Alzheimer's disease, although studies are still being conducted to determine when treatment should begin.

"People need to do whatever they can to protect their health as long as possible, as humans are living longer. They want to do so in good health. For this reason, we offer hormone growth therapy (HGH), bioidentical hormone therapy and more, in addition to hormone replacement therapy. We want to enjoy life to the fullest and offer this range of services to ensure you can," the staff declares.

About Doctors Best Health:

Individuals over the age of 35 often experience a decline in sex drive, energy and overall vitality, and the reason for this could easily be hormones. As the human body ages, hormone levels tend to decline, and hormone replacement therapy offers a way for individuals to enjoy a rejuvenation in their life. No surgery or significant downtime is required either. Lead by a board certified physician, Dr. Val Manocchio, the center offers an array of programs for men and women that can help them get back what they once had.

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