

## **Houston Liposculpture Liposuction Surgery Tummy Tuck Reshaping Services Launched**

*Bruce K. Smith, M.D. has published its latest article covering Suction assisted lipectomy or liposuction, which is aimed primarily at anyone considering body contouring surgery in particular liposculpture. The article is available for viewing in full at <http://www.smithplasticsurgery.com/pages/lipo.htm>*

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Bruce K. Smith, M.D. has published a new article entitled Liposuction Surgery, which sheds light on the most important aspects of Suction assisted lipectomy or liposuction for anyone considering body contouring surgery in particular liposculpture. Anyone that is considering liposuction surgery as a body contouring alternative to diet and exercise and other interested individuals can view the full article at <http://www.smithplasticsurgery.com/pages/lipo.htm>

The article includes several interesting pieces of information, one in particular is liposuction is not designed as a weight reduction procedure. Liposuction is a contouring procedure, removing bulges to blend body outlines more aesthetically. Areas of the body where fat deposits can cause localized bulges include the face and neck, upper arms, upper and lower abdomen, flank areas (love handles), inner thighs, outer thighs (saddlebags), buttocks, knee areas, and calves. This should be of particular interest to anyone considering body contouring surgery in particular liposculpture because although there is no absolute age at which the skin becomes too loose for the liposuction procedure, after age 45-50 (or occasionally sooner), the elasticity of the skin decreases in most patients. More details at <http://www.smithplasticsurgery.com/pages/abdominoplasty.htm>

One of the most important piece of information the article tries to convey and communicate is to be a good candidate for liposuction, patients should have localized fat deposits (not be grossly overweight), and have elastic skin overlying the fat deposits. The best example of this is perhaps found in the following extract:

'There are two layers or compartments of fat on a body-a superficial layer which has an even thickness over most of the body, and deep compartments which exist mainly in the areas mentioned above. If patients are not overweight, but have a localized bulge in these areas, patients have excess fat in the deep compartment. Deposits of deep compartment fat are hereditary, and usually do not respond to diet and exercise. Superficial compartment fat, on the other hand, increases significantly with weight gain and decreases with weight loss. Liposuction primarily removes deep compartment fat deposits to remove bulges.'

In discussing the article's creation, Bruce K. Smith, M.D., Owner at Bruce K. Smith, M.D. said:

"Liposuction does not significantly reduce your body weight-it is intended to improve contour in the areas suctioned."

Regular readers of Bruce K. Smith, M.D. will notice the article takes a familiar tone, which has been described as 'Informational'.

Bruce K. Smith, M.D. now welcomes comments and questions from readers, in relation to the article, as they are intent on getting a real idea of what real people think about the benefits of liposuction. The reason is simply because the amount of fat which can be removed depends on the amount

present in each deposit. It is important to leave a thin layer of normal fat beneath the skin to prevent rippling or dimpling of the skin surface. Suctioning can only remove fat. If there is a bulge due to muscle or bone, it will not be removed.

Anyone who has a specific question about a past, present, or future article can contact Bruce K. Smith, M.D. via their website at <http://www.smithplasticsurgery.com/>

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