

## **The Live in Boldness Blog Officially Launched!**

*The Lifestyle blog Live in Boldness, has officially launched!*

Houston-Raised Sisters Create Lifestyle Blog and Brand

June 8, 2020 (FPRC) --

The much-anticipated launch of [liveinboldness.com](http://liveinboldness.com) occurred on June, 1st 2020 at 10 am by founders and Houston natives, Kayla and Kelsey Hodges.

The sisters started working on the business in July 2019 with the idea to provide a source of information and encouragement for like-minded individuals. The blog went online Monday morning and a total of 167 users visited and engaged with the site's content.

The blog consists of three main categories - Mind & Body, Bold in Business, and Healthy Smoothie Recipes. They focus on topics like mental and emotional health, career advice, financial intelligence, and what you didn't learn in school. There is also a section with healthy recipes for different types of smoothies.

The mission of the blog is to create content that lightens the stress of managing life in the 21st century and encourages women (and men – hello gentlemen!) in every category of life and helps them LIVE BOLDLY. Truly living a bold life comes from your health, mindset, how people set goals and more. It is a lifestyle. But hold on- Live in Boldness is here are here to help.

The Live in Boldness blog releases new blogs twice a week, at 10 am CST on Monday's and Friday's. Subscribe at [liveinboldness.com](http://liveinboldness.com) to find out more and stay tuned for the boldest content on business, physical, mental, and emotional health, and healthy smoothie recipes!

### **Contact Information**

For more information contact Kelsey Hodges of Live in Boldness (<http://liveinboldness.com>)

### **Keywords**

[Live in Boldness, lifestyle blog](#)

You can read this press release online [here](#)